



# ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

Father Pawel Jamroz, Pastor email: [pastor@stmichaelw.ca](mailto:pastor@stmichaelw.ca)

## SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

## WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

## SACRAMENT OF RECONCILIATION

15 minutes before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Sunday 6:15-6:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

## PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

## PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

## OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School 519-884-8480

St Nicholas Elementary School 519-884-9198

Resurrection Secondary School 519-741-1990

St David Secondary School 519-885-1340

St Jerome University 519-884-8111

## SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

## CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students ([jp2waterloo.ca](http://jp2waterloo.ca)).

## SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

## PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

## HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

## ST. VINCENT DE PAUL SOCIETY

For food assistance in the Waterloo Region call 519-743-5576 Ext 340 to be directed to the program nearest you. SSVP is currently supporting the North of 60 project providing food assistance to Chesterfield Inlet, Nunavut as well as creating Essential Hygiene Kits for newly arriving Ukrainian refugees.

## BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

## PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

**FROM THE PASTOR'S DESK**

***Weekly Gospel Reflection*** (Mk 7:31-37)



As we are told, “**looking up to heaven, Jesus sighed and said to a deaf man, ‘Be opened’**” (Mk 7:34). That sigh coming out of Jesus at the moment of healing the deaf-mute man reveals deep truth about God’s care for us. To say, ‘Jesus sighed’ is to say that God is deeply moved by our sufferings and needs, whatever they are.

The Church has always seen in the seemingly strange way Jesus heals the deaf-mute man (he puts his fingers into his ears and touches his tongue) a symbol of the sacraments by which Christ still “touches” heals our hearts.

Fr. Jamroz

**WELCOME TO ST. MICHAEL PARISH**

Welcome, we are glad you’re here! For details on our parish life, please see our website: [www.stmichaelw.ca](http://www.stmichaelw.ca)

**Parish Office Hours**

The parish office is open Monday to Friday from 9:00 am to 4:30 pm..

**Sunday Homilies Online**

Sunday homilies are available weekly online in audio and pdf version through our parish website – just click on the button ‘SUNDAY HOMILY’.

**The Church is Open for Prayer**

The Church is open for quiet prayer Monday to Friday, from 9:00 am to 4:00 pm.

**Prayer Intentions**

Prayer intentions are placed at the front of the Altar and are remembered privately at Mass during the Prayers of the Faithful. You can also have your request shared with our prayer group ministry. Please go to our website [www.stmichaelw.ca](http://www.stmichaelw.ca) and click on Request a Prayer or contact the parish office by phone or email.

**Parish Email List**

All parishioners are welcome to join a parish email list. If you are on this list, you will be notified of upcoming parish events including funerals. To join the list, please sign up on our website at

<https://www.stmichaelw.ca/contact-us>

**MASS INTENTIONS**

**September 10, 2024**

**7:00 pm +** For the Special Intentions of Jim Gingerich  
– Marg Gingerich

**7:30pm-8:30pm** Holy Hour with Adoration & Benediction

**Wednesday, September 11, 2024**

**12:15 pm +** Special Intentions of Esther Bartle  
– Derek and Lauren Hartman  
**+ Lynelle Purdy – The Prayer Shawl Ministry**

**Thursday, September 12, 2024**

**12:15 pm +** Special Intentions of Kene Nasa-Okolie  
– The Family

**Friday, September 13, 2024**

**8:00 am +** Arthur Benninger – The Family  
**8:30am - 9am** Adoration of the Blessed Sacrament

**Saturday, September 14, 2024**

**10:30 am – The Feast of the Exaltation of the Holy Cross**

**5:00 pm +** Steve Hollo – The Family  
**+ Helma Mayne – Doug & Gai Brown & Family**



**MASS WITH BISHOP LOBSINGER**

**The Exaltation of the Holy Cross**

**Saturday, September 14<sup>th</sup> - 10:30 am**

We welcome His Excellency, Bishop Wayne Lobsinger to celebrate the Feast of the Exaltation of the Holy Cross. The Exaltation of the Cross honors Christ's Cross, an instrument made sacred by the Lord's offering of Himself upon it for our Salvation ... (*Ewtn.com*)

**Interested in Becoming Catholic?**

Any adults who have not been baptized and are considering becoming Catholic, or any adults who have already been baptized in other Christian churches and wish to become full members of the Catholic Church, please contact the parish office ([parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)). A program of formation (RCIA) begins in October and there is a place for you. Registration is available online on our website.

**Children's Liturgy**

Our Children's Liturgy program for children in Junior Kindergarten to grade 4 will resume on September 15<sup>th</sup> at the Sunday 11 am Mass. Registration is open on line. You do need to complete a registration form for each child each year.

**Heartache to Healing - Grief Support Group - St. Michael Parish, Waterloo**

Grief support provides companionship on the long journey through the grief process. Our support group follows the process developed by Dr. Bill Webster, an experienced leader in grief counselling. All who have suffered a loss are welcome, regardless of how much time has passed since your loss.

**Monthly informal drop-in support-** The 2nd Wednesday of the month; 7pm in the Parish Resource Centre/Library. The next meeting is on September 11<sup>th</sup>.

**6-week Program** - This program runs Wednesday evenings (6 consecutive weeks) from October 16th to November 20th at St. Michael Parish, Waterloo. Registration is required by October 1st for this program by contacting our Parish office 519-884-9311, or email [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca).

**REGISTER TO ATTEND OUR PARISH BBQ**

Join us September 28<sup>th</sup> from 11am – 2pm. Lunch is free with registration. **Registration deadline for lunch is September 14<sup>th</sup>**. Please see the bulletin insert.

**Prayer Shawl Ministry**

Members of St. Michael's knit and crochet prayer shawls and pray for people who are ill or have experienced a loss. The next meeting is **September 11<sup>th</sup>** at 1 pm in the library. Please consider joining this ministry. All are welcome. Donations of wool are always appreciated.



DIocese of Hamilton

**ANNUAL RED MASS** The "Red Mass" is the name given to the Eucharistic celebration during which the guidance of the Holy Spirit is invoked for divine wisdom for all those who plead, interpret and apply the law for the welfare of the people. The Mass takes its name from the red vestments worn by the clergy at a Votive Mass of the Holy Spirit, and the red robes traditionally worn by the judges. You are welcome to attend this year's Red Mass in Hamilton Diocese, which will be celebrated by His Excellency, Bishop Crosby, at St. Augustine Parish, Dundas, at 9:30 am on **Wednesday, September 11**. The Mass will be followed by a brunch, with guest speaker Mr. Sam Mercanti, the author of "*Risen From the Shop Floor: Lessons from an Entrepreneur*". For more information, or to register for the Brunch, e-mail Sam Garcia at [sgarcea@confentegarcea.com](mailto:sgarcea@confentegarcea.com).

	<p><b>Tuesday, Sept 10<sup>th</sup></b>  <b>Catholic Women's League</b>  <b>Gathering</b>  <b>Marillac Place / Baby</b>  <b>Shower</b></p>
<p>There will be a gathering of Catholic Women's League (CWL) members in the parish hall <b>Tuesday September 10<sup>th</sup></b> following the 7pm Mass. The evening will start with some time to socialize and catch up after the summer break. A speaker from Marillac Place will join us and share information about this women's shelter and the services offered. We have some fun "baby shower" themed games planned. <b>Attendees are encouraged to bring a "shower gift" of diapers (sized 4-6). All ladies in the parish are invited to join us for this fun and informative evening.</b></p>	



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